Challenges test your mettle and your determination. In response to being challenged you will either become bitter or better. There is only a one letter difference between the two words, yet the impact in your life is all-inclusive and everlasting.

Dr. Jim Naccarato, The Realigned Practice, www.rpchiro.com

THE EDUCATION OF A CHIROPRACTOR

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It is obvious that not every person is attracted to the same type of work as the next person. I have often said it takes a certain type person to enter the healing arts and a different type of thinker to become an inside out Chiropractor in an outside in world. We wave the banner of “I am different” over our heads, and sometimes I think it actually reads “hey, I am really weird” if we focus our practices on checking for vertebral subluxation and adjusting them. I believe that as we learn Chiropractic we are also being formed by Chiropractic. Our complete self develops on many levels because of our Chiropractic education. I am sure people doing other types of work can also claim the same thing.

Matthew B. Crawford, in his book Shop Class as Soulcraft, defines the work of a mechanic with this idea in mind. He goes on to explain how being a mechanic involves the entanglement of intellectual qualities with moral qualities. There are many parallels between the mechanic and the Chiropractor. We both work with something we did not create. This means our knowledge of the thing we work with is not as intimate as the One who created the thing we work with. This helps temper our ego. We are NOT the fixer.

Aristotle spoke about the stochastic arts, explaining how they diagnose and fix things that are complex and variable and not of our own making. Therefore they are not fully knowable and require a certain attitude. This is perhaps the biggest aha moment I had when I began my studies of Chiropractic. The awareness of the drastic differences between the Outside-In-Below-Up (OIBU) and Above-Down-Inside-Out (ADIO) worldviews and the choice made about them help form the attitude that will direct the Doctor of Chiropractic.

If the Chiropractor chooses the ADIO approach, he or she is saying they are not interested in creating health or life but yearning to be more attentive to the life and health within the person they are serving. Crawford believes attentiveness to be less glamorous than creating. The

Continued on page 3

February 17
See page 3 for details
April 21 Spartanburg
May 19 Rock Hill
June 16 Columbia

tone /ton/ - 1. general character; attitude 2. giving greater strength 3. harmonize
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mentors we choose often take us beyond the subject matter of the Doctoral program curriculum and influence the direction or attitude we take in Chiropractic. Students and new docs should choose consciously. If your mentor or books you read have an idea that the human body is a system of parts and nothing else, you will likely develop work habits centered on that. On the other hand, if they created a vision of life being more than parts you will be more apt to have work habits that involve deeper levels of attentiveness.

One of the principles we study is cause and effect. It may be the contributory factors of being subluxated in the first place or the dis-ease created in the body as a result of the subluxation or how we will introduce a force into the spine to contribute to the body correcting the subluxation. We consider causes and effects because our knowledge and perception of the body as a vital entity causes us to care about the expression of life in the person we are serving.

To say we are good Chiropractors would be to say we are attentive to the innate, self-regulating, self-healing abilities of the body and we adopt a sense of responsibility in that regard. It would not say we are the creator and thus the fixer of the body. The education of a Chiropractor requires stepping back and thinking about our own thinking.

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HOW PSCA HAS HELPED ME SUCCEED...

Becoming involved with PSCA has been one of my best professional decisions. These doctors and their families have helped me renew my love and excitement for chiropractic. Most of all, they have given me friendship and fellowship to help me celebrate the successes and guide me through the trenches. I’ve been in practice over 30 years…and a few of those years were hard and not very fun. I even considered leaving the profession. Even though I had been involved with chiropractic since the 1970’s, I began to question its validity and purpose during the most difficult days of my life. I hope you haven’t had those times, but if you have, you know what I’m talking about.

I had weeks that turned into years when I struggled and practice was NOT fun. Having gone from a very successful practice in the beginning of my career, to personal hardship and struggle during the middle years, it was finding principled people and supportive resources that reignited my love and appreciation for chiropractic that is bringing me success in these current years.

Struggling through those years forged me into an even greater success today. And you know what? Practice is fun again! And part of what is making it fun is having this group of dedicated, principled, and genuine doctors as my colleagues and friends. Becoming a member of the PSCA and helping our profession for the greater good is very rewarding. Join us today and invite your neighbors and friends, too! The Palmetto State Chiropractic Association is “Chiropractors Correcting Subluxations...Changing Lives”. When you join us, it’s your life that will change the most!

JOIN TODAY!
www.pscaonline.com

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"Get the big idea and all else follows.” – B.J. Palmer